

FRIDAY, February 21

3 – 5 p.m.	Check in & Registration
5:30 – 6 p.m.	Welcome/Q & A
6 – 7 p.m.	Dinner
7:30 – 8:30 p.m.	Winter Survival Class
9 p.m.	Sauna open

SATURDAY, February 22

8 – 8:45 a.m.	Breakfast
9 – Noon	Session I
12:30 – 1:30 p.m.	Lunch
2 – 5 p.m.	Session II
5:30 – 6:30 p.m.	Dinner
7 p.m.	Poetry Reading
7:30 – 8:30 p.m.	Up In the Air (music)
7:30 – 8:30 p.m.	Sleigh Ride (tentative)
9 p.m.	Bonfire/Sauna

SUNDAY, February 23

8 – 8:45 a.m.	Breakfast
9 – 12 noon	Session III
12 noon	Wrap Up/Closing



Please bring/wear waterproof/breathable snow type pants for classes outdoors to help protect yourself against the elements. Blue jeans are not a good choice when you're out of doors.

A. Cross Country Skiing – Topics include equipment selection, waxing whys and how-to's, and learning basic skills. This class is for someone; who has never cross-country skied before, who has never taken any formal instruction, or who wants to brush up on their basic skills. *(If you **don't have skis** – please make sure you fill out the information needed on the registration form – there will be an **additional charge** of \$15 if skis are needed)* **Instructors** – Paul Hannuksela & Frida Waara

B. Dog Sledding - Introduction to the basics of starting up a kennel and the selection of dog breeds. What kind of sleds, equipment used, training, racing, daily handling and caring for the dogs-including feeding, team harnessing and dog psychology. Participants will harness up the teams and head out in small groups to mush along a wilderness trail. **Instructors** – Terri & Vincent Grout

C. Snowmobiling---Learn the basics for snowmobiling and receive a safety certificate in the process. This class includes a snowmobile ride on an approved course, and information concerning rules of the trail, appropriate clothing, riding techniques, basic mechanics, survival tips, and choosing the proper sled for your needs. This class **requires home study prior** to the BOW weekend. You will be sent a snowmobile workbook when your registration is received, and will be required to bring the finished workbook with you to class. If the pre-work is not completed a certificate cannot be issued. Items to bring include warm outer clothing or a snowmobile suit and a proper fitting helmet if available. **Instructor** – Jane Dunn

D. Reading Winter Woods- With a white carpet on the trees and forest floor, animal tracking becomes nearly magical with daily movement clearly visible. Learn to identify particular animal tracks, look for other signs and maybe happen upon a shed antler just appearing from the receding snow. **Instructor** – Steve Waller

E. Ski-joring - Is a wild and crazy experience of being pulled on skis by a harnessed dog. Learn how to train your dog to pull, developing technique, choosing equipment, racing and feeding of a working dog. Ski-joring offers an additional travel option for winter camping, fishing back-country lakes, or just to expand your love of running dogs in wintertime. * **You should have Ski experience to participate in this class.** *(If you need skis please fill out the information needed on the registration form – there will be an **additional charge** of \$15 if skis are needed)* **Instructors** - Jackie & Jim Winkowski

F. Outdoor Photography – Capturing images outdoors requires special knowledge, skills & patience. Learn basic camera operations, tips & techniques. Bring your camera, plenty of film & photos for critique. Time will be spent a-field. **Instructor** – *Angel Portice*

G. Indoor Archery - Course will cover safety, equipment selection, blinds, shooting, and stance. Hunting technique and ethics will be discussed. Learn how to select correct archery equipment, and practice, with hands-on, the fundamentals of shooting bows at targets. This class will take place inside. **Instructor** – *Cindy Krueger*

H. Ice Fishing - This course is geared to the beginning ice anglers, offering numerous tips for fun ice fishing. Learn how lakes change in winter, what to look for when choosing a site and how to set up your ice house. Basic equipment, electronics, jigging techniques, customizing your own gear, bait choices, ice angler selection and use will be covered. Fishing time spent on the ice. Dress appropriately. A **Michigan Fishing License is required**.

I. Winter Shelters - Discover ideas to help ward off frostbite, hypothermia and how to forage for food and water in cold weather. Build a quinzhee, and discover how to stay warm in the most severe storm or numbing cold. Maybe spend the night in the quinzhee when it's finished! (you will be crawling/digging on your hands/knees and part of the time you will be in very close quarters as you are building the quinzhee). Please dress appropriately. If you would like to spend the night in one, please bring your winter gear!! **Instructor** – *Greg Jacobs*

J. Fly Tying - An introductory course on the “how to” of tying flies. Fly types and their uses will be discussed and demonstrated, including nymphs, dry flies, wet flies and streamers. Participants will get to “try their hand” at tying flies, which they will be able to take with them. **Instructors** – *Arlen Sunn & Kimberly Clark*

K. Winter Cooking – Learning how to cook on a single burner stove and dutch oven is essential when out backpacking/ camping in the woods. Check out the different types of stoves available, what type of food that you can prepare with them and keep your load light when your out exploring. **Instructor** – *Marty Kovarik*

L. Scrap Booking – Learn the traditions and tricks for creating a well-designed and long lasting tribute to your “best of times” memories. Scrap booking combines precious photos with cool and ingenious ideas to create your own family heirloom. Please bring your favorite photos, and a book to put them in, and gain the skills and confidence to become a true scrap booking genius! There is an **additional charge** of \$8 for materials.

Instructor – *Elaine Karnack*

M. Beginning GPS – Global Positioning System is a means of navigation that works via satellite to tell you exactly where you are on the face of the earth. Figure out your current location, where you were, where you're going and how long it will take to get there. Mark those special mushroom picking place, hunting locations, and where you caught the big fish! Keep important locations permanently marked in your hand-held GPS unit so you can go back again and again. GPS Units will be available for this class. **Instructor** – *Linda Lindberg*

